

* is or can be made vegan. ~ is or can be made gluten-free. Sub tofu, egg whites or gluten-free bread for an additional charge.

Specialty Goodness

~Benni Hill

Poached free-range eggs over a toasted English muffin covered with house-made hollandaise sauce.

Roasted Veggies 11-

Canadian Bacon 12-

Bacon & Avocado 13-

Smoked Salmon 14-

*~Big Hit Burrito

Pork sausage, sauteed mushroom, kale, onion, roasted sweet potato, roasted garlic, scrambled eggs and cream cheese wrapped in a flour tortilla, topped with fresh basil pesto and tomato. 11-

*~Tim Curry

Roasted sweet potato, kale, mushroom, onion, roasted garlic and organic tofu in a yellow coconut-curry sauce topped with avocado, raisins & peanuts. 12- This dish with lentils, rice and spinach instead of tofu and potatoes is the **Baby Beluga**, as seen on the Food Network! 13-

The Cure

Scratch buttermilk biscuits topped with apple-wood smoked bacon gravy or mushroom-rosemary gravy. 9-

*~Spike Lee

Scrambled eggs, jalapeno, bell pepper, onion, black beans, garlic and sour cream wrapped in a flour tortilla and topped with Shed chipotle aioli and salsa fresca. 11-

Sweet Goodness

~Sin

House-baked sweet potato-cinnamon french toast, dusted with powdered sugar and served with fruit compote and pure maple syrup.

10- One slice a la carte. 3- One slice with fruit compote. 6-

gluten-free challah available for an additional charge.

*~Belly Teaser

Coconut milk, jasmine rice and vanilla simmered into a porridge and topped with seasonal fruit. Half Order 6- Full 8-

*Tummy Warmer

Steel-cut oats topped with banana, dried cranberries, raisins, toasted Oregon hazelnuts, toasted pumpkin and flax seed, served with pure maple. Half 7- Full 9-

Seasonal Fruit Shortcake

House-made buttermilk biscuits smothered with warm seasonal fruit compote topped with fresh whipped cream. 7-

Stacked Goodness

add a scratch buttermilk biscuit for a buck!

*~Fetch

Potato cakes topped with a bacon and egg scramble covered with Tillamook cheddar, tomato and green onion. 9.25

*~Good Dog

Potato cakes topped with a pork sausage, jalapeno, bell pepper, onion and egg scramble, smothered with Tillamook cheddar, salsa fresca and Shed chipotle aioli. 9.50

Stay

Potato cakes topped with sauteed mushroom, onion, kale, roasted sweet potato, roasted garlic and scrambled eggs covered with mushroom-rosemary gravy. 9.25

Roll Over

Potato cakes topped with a sausage and egg scramble smothered with apple-wood smoked bacon gravy or mushroom-rosemary gravy. 9.25

Egg Goodness

served with a scratch buttermilk biscuit & your choice of potato cakes or cheesy grits.

*~You Gotta Have It

Two free-range eggs any style. 7-

Served with apple-wood smoked bacon, pork sausage, chicken-apple, veggie or vegan sausage. 10-

*~Veggie Pesto

Sauteed kale, mushroom, onion, roasted sweet potato & roasted garlic scramble topped with fresh basil pesto and cream cheese. 10-

*~Salm I Am

Smoked wild salmon, roasted red pepper, sweet onion and roasted garlic scramble topped with fresh dill, cream cheese & capers. 13-

*~Sweet Chix

Chicken-apple sausage, sweet onion, roasted red pepper, fresh basil and melted brie cheese scramble topped with green apple. 11-

*~Goat Boy

Portabella mushroom, sweet onion, sun-dried tomato and spinach scramble topped with goat cheese. 11-

Sampler Goodness

~Everything Nice Potato cake with sour cream and green onion, scrambled eggs, sweet potato brioche french toast with fruit compote and your choice of apple-wood smoked bacon, pork sausage, chicken-apple, veggie or vegan sausage, served with pure maple syrup. 12-

gluten-free challah available for an additional charge.

Everything Naughty

Potato cake with sour cream and green onion, scrambled eggs, buttermilk biscuit covered with bacon gravy or rosemary-mushroom gravy and your choice of apple-wood smoked bacon, pork sausage, chicken-apple, veggie or vegan sausage. 12.50